Joining Meeting via Phone Only

You can join Zoom meetings via teleconferencing / audio conferencing using a traditional phone. These instructions show you how to join a meeting using only your phone for audio. These options will not show your name in the meeting. If you want your name to show, use the Zoom mobile app.

Joining audio by one-tap mobile
Joining a meeting from your mobile device is often difficult when you’re on-the-go, but Zoom meeting invites make it a breeze!

1. Use your mobile device to navigate to the meeting invite and tap it open.

2. Find the “One tap mobile” section and notice the two numbers (New York and Houston) are clickable hyperlinks.

3. Tap one of the numbers and the phone will dial all of your meeting IDs for you. Hit "#" when prompted for a Participant ID.

Joining audio by dialing in
If you’re joining a meeting via conference phone and have no need for video, your meeting invite has all you need.

1. Open the meeting invite and find the “Dial by your location” section.

   One tap mobile
   +16465588656,556315063# US (New York)
   +13462487799,556315063# US (Houston)

2. Dial one of the numbers and type in the Meeting ID when prompted.

3. Hit “#” when prompted for a Participant ID.

PLEASE NOTE: When joining by phone for audio-only access to the meeting, Zoom requires you to hit *6 to mute and unmute. Your phone’s “mute” button will not work unless previously un-muted by *6.