Welcome to VUinstible









VUinstlTute

Module 1
Our Work in
Context

How Higher Ed Works

How Vanderbilt Works

> How VUIT Works

Rich and Sundaram Spring 2019 Module 2

Equity, Diversity, & Inclusion

The Impact of Stories

Marginality in the workplace

The Value of Mattering

Kathleen and Masood Summer 2019 Module 3

Customer Service Mentality

Setting Context

Mindset

Rhythm

Jason and Kevin Fall 2019 Module 4
Maximizing

Personal Impact

Effective Communication

Rock Solid Colleague

Managing Multiple Priorities

John and Kim Winter 2020 Module 5.1 Strategic

Leadership

Kim and Ed Spring 2020

Module 5.2 VUIT Management

Kim and Heather Summer 2020

VUinstlTute

Module 1

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> **How VUIT** Works

Rich & Sundaram Spring 2019

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Jason & Kevin Fall 2019

VUinstiblTe A

Tools: Tips, Tricks, and Etiquette

Kelsey & Michelle May 2020

VUinstiblTe B

Organizing & Time Management

> Kelsey & Kim June 2020

VUinstiblTe C

Effective Communication Kelsey & Julie July 2020

VUinstiblTe D Effective Presenting John

August 2020

Module 4 Maximizing

Personal Impact

Effective Communication

> **Rock Solid** Colleague

Managing Multiple **Priorities**

> Julie & Kim Summer 2020

Module 5 - A Strategic

Leadership

Kim & Ed Fall 2020

Module 5 - B **VUIT** Management

Kim & Heather

Winter 2020



Maximizing Personal Impact



Today's Agenda



Video Review



Organizing



Time Management



Being an effective team member



Be:

Self-aware

Proactive

Trustworthy

Strategic

Reliable

Respectful

Positive

Collaborative

Professional

Video Review

Organization



Being an effective team member

S Strengths

Weaknesses

Opportunities

T Threats

Video Review



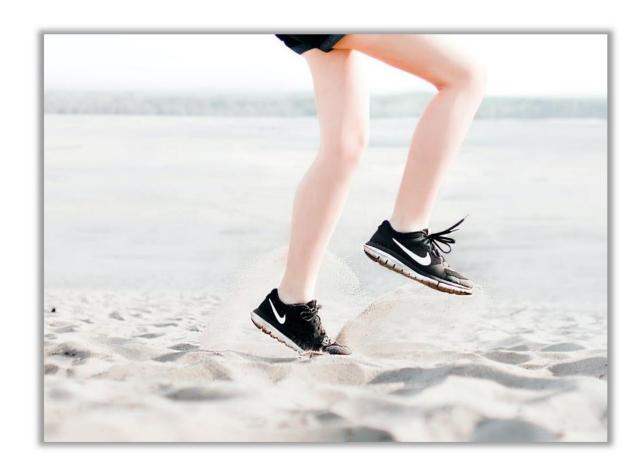
Organization



Organization



Motivators



Zoom Poll 1

On a scale of 1-10, how motivated are you to be organized?
(1 = Very Low, 10 = Very High)

Zoom Poll 2

On a scale of 1-10, where would you rate your level of organization skills (1 = Very Low, 10 = Very High)

Zoom Poll 3

Are you more organized in your 'work life' or your 'home life'? Or is it the same?

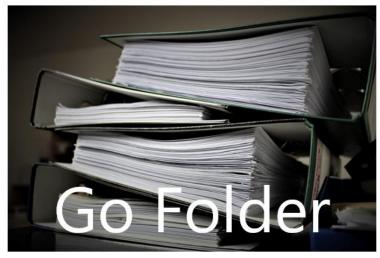


Organization Tips









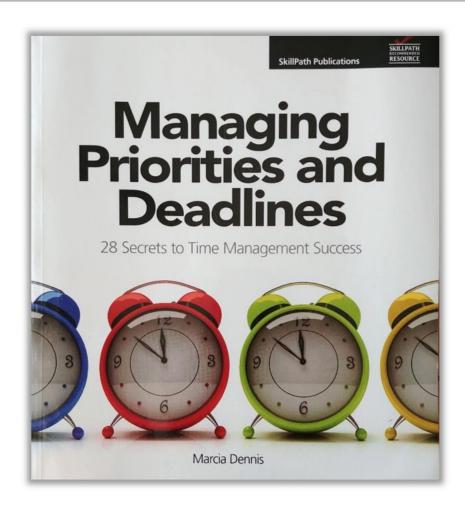


Organization Tips

Group Share



Managing Priorities and Deadlines





Managing Priorities and Deadlines



"I don't have the time."

"Where has the time gone?"

"If only I had more time."

"Time just got away from me."



Managing Priorities and Deadlines















Productivity

People



Productivity Choices



Start your day with a plan

Make a list, Prioritize, and check it off

Put deadlines on tasks, projects, goals

Be organized, but don't obsess about it

Drop activities that tax your time or no longer serve you well

Consider waiting time a gift



Productivity Choices



Proactive

Strategic

Reliable

Collaborative

Professional



People Choices



Set limits on people who waste your time

When you can't say no, say "Yes, but..."

Deal with interruptions, then quickly refocus

Be less accessible

Take responsibility – don't blame others

Avoid optional meetings, improve the ones you must attend

Prioritize people



People Choices

Self-aware

Trustworthy

222

People

Respectful

Collaborative

Professional



Pace Choices



Choose productiveness over busyness

Think ahead and prepare

Get off to a running start in the morning

Be decisive

When you're stuck, just take the next small step

Do one thing at a time

Know your personal prime time and use it wisely



Pace Choices



Proactive

Strategic

Reliable

Professional

Zoom Poll

When is your personal prime time?

Morning, Afternoon, Evening, Other



Personal Choices



Think of self-discipline as a skill, and practice it

Ask for help

Be perfect only when it is necessary

Finish what you start

Take breaks

Think of yourself as CEO of your time



Being an effective team member



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Organization



Managing Multiple Priorities

ACTIVITY

Resources

- LinkedIn Learning:
 - Improve Your Organizational Skills Learning Path (7h 25m)
 - Develop Critical-Thinking, Decision-Making, and Problem-Solving Skills Learning Path (4h 58m)
 - Become a High Performer Learning Path (8h 22m)



IT Website



THANK YOU

